

## Instructors and Coaches Code of Conduct

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### The Code

Be responsible for your decisions

Show competency in your job

Support your athletes

Show good sportsmanship

Follow the Yachting Australia Anti-Doping Policy

Be proud of your sport

#### 1. Be Responsible for your decisions

Yachting Australia Instructors and Coaches are personally responsible for the decisions that they make in the course of their employment. They are expected to be aware of the reasonably foreseeable consequence of their actions and to make every effort to ensure that they work in an appropriate manner that has the utmost regard for the highest standards of their profession.

#### 2. Show competency in your job

Instructors and Coaches bring appropriate skills and competencies to their areas of coaching practice and are expected to maintain and continue to develop these skills and competencies through an ongoing program of professional development and continuous improvement.

#### 3. Support your athletes

Instructors and Coaches should treat every athlete as an individual. They should:

- respect the talent, potential, developmental age and goals of each athlete under their care;
- set appropriate training programs based upon the individual characteristics of the athlete;
- make coaching decisions which take appropriate account of the individual athletes welfare; and
- ensure that all athletes receive an appropriate level of attention and opportunities so that their time spent in any program is a positive experience.

Instructors and Coaches should show concern for the health, safety and welfare of athletes.

#### 4. Show good sportsmanship

Instructors and Coaches should set a high standard of behaviour and approach towards all aspects of their job and Sailing.

#### 5. Follow the Yachting Australia Anti-Doping Policy

Instructors and Coaches must follow the Yachting Australia Anti-Doping Policy and ensure that athletes are aware of and understand that policy.

#### 6. Be proud of your sport

Instructors and Coaches should be proud of Sailing and should show their pride through their actions.

## **Yachting Australia Instructors and Coaches Code of Ethics**

Respect the rights, dignity and worth of every human being.	<ul style="list-style-type: none"> <li>• Within the context of the activity, treat everyone equally regardless of sex, disability, ethnic origin or religion.</li> </ul>
Ensure the athlete's time spent with you is a positive experience.	<ul style="list-style-type: none"> <li>• All athletes are deserving of equal attention and opportunities.</li> </ul>
Treat each athlete as an individual.	<ul style="list-style-type: none"> <li>• Respect the talent, developmental stage and goals of each individual athlete.</li> <li>• Help each athlete reach his or her full potential.</li> </ul>
Be fair, considerate and honest with athletes.	
Be professional and accept responsibility for your actions.	<ul style="list-style-type: none"> <li>• Language, manner, punctuality, preparation and presentation should display high standards.</li> <li>• Display control, respect, dignity and professionalism to all involved with the sport - this includes opponents, Instructors and Coaches, officials, administrators, the media, parents and spectators.</li> <li>• Encourage your athletes to demonstrate the same qualities</li> </ul>
Make a commitment to providing a quality service to your athletes.	<ul style="list-style-type: none"> <li>• Maintain or improve your current NCAS accreditation.</li> <li>• Seek continual improvement through performance appraisal and ongoing coach education.</li> <li>• Provide a training program that is planned and sequential.</li> <li>• Maintain appropriate records.</li> </ul>
Operate within the rules and spirit of your sport.	<ul style="list-style-type: none"> <li>• The guidelines of national and international bodies governing your sport should be followed. Please contact your sport for a copy of its rulebook, constitution, by-laws, relevant policies, eg. Anti-doping Policy, selection procedures etc.</li> <li>• Instructors and Coaches should educate their athletes on drugs in sport issues in consultation with the Australian Sports Drug Agency (ASDA).</li> </ul>
Any physical contact with athletes should be:	
<ul style="list-style-type: none"> <li>• appropriate to the situation</li> <li>• necessary for the athlete's skill development*</li> </ul>	
Refrain from any form of personal abuse towards your athletes. *	<ul style="list-style-type: none"> <li>• This includes verbal, physical and emotional abuse.</li> <li>• Be alert to any forms of abuse directed towards your athletes from other sources whilst they are in your care.</li> </ul>
Refrain from any form of harassment towards your athletes. *	<ul style="list-style-type: none"> <li>• This includes sexual and racial harassment, racial vilification and harassment on the grounds of disability</li> <li>• You should not only refrain from initiating a relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal.</li> </ul>
Provide a safe environment for training and competition.	<ul style="list-style-type: none"> <li>• Ensure equipment and facilities meet safety standards.</li> <li>• Equipment, rules, training and the environment need to be appropriate for the age and ability of the athletes.</li> </ul>
Show concern and caution towards sick and injured athletes.	<ul style="list-style-type: none"> <li>• Provide a modified training program where appropriate.</li> <li>• Allow further participation in training and competition only when it is appropriate.</li> <li>• Encourage athletes to seek medical advice when required.</li> <li>• Maintain the same interest and support towards sick and injured athletes.</li> </ul>
Be a positive role model for your sport and athletes	

\*Please refer to the Harassment-Free Sport Guidelines available from the ASC for more information on harassment issues.

### **Instructors and Coaches should.....**

- ◆ Be treated with respect and openness.
- ◆ Have access to self-improvement opportunities.
- ◆ Be matched with a level of coaching appropriate to their level of competence.

**Instructors and Coaches Code of Ethics Agreement Form**  
*for registration or re-registration to the National Coach Accreditation Scheme (NCAS)*

**TO: *Yachting Australia***

I, .....  
 Full Name

of .....  
 Address

am seeking registration / re-registration (please circle) for the following Australian Sports Commission (ASC) qualification:

Level	Sport	Discipline (if applicable)
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***I agree to the following terms:***

I agree to abide by the Yachting Australia/Australian Sports Commission Code of Ethics overleaf

I acknowledge that Yachting Australia may take disciplinary action against me, if I breach the code of ethics. (I understand that Yachting Australia are required to implement a complaints handling procedure in accordance with the principles of natural justice, in the event of an allegation against me)

I acknowledge that disciplinary action against me may include de-registration from the National Coaching Accreditation Scheme.

Please refer to the *Harassment-free Sport Guidelines* available from the Australian Sports Commission or contact Yachting Australia, if you require more information on harassment issues.

\_\_\_\_\_  
 Signature

\_\_\_\_\_  
 (if under 18, parent / guardian signature)

\_\_\_\_/\_\_\_\_/\_\_\_\_  
 Date

